

DOCKETED

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Cooking can also generate unhealthy air pollutants from heating oil, fat and other food ingredients, especially at high temperatures. Self-cleaning ovens, whether gas or electric, can create high levels of pollutants as food waste is burned away. Exposure to these can cause or worsen a wide range of health problems such as nose and throat irritation, headaches, fatigue and nausea. Young children, people with asthma and people with heart or lung disease are especially vulnerable to the harmful effects of indoor air pollution.

See <https://ww2.arb.ca.gov/resources/documents/indoor-air-pollution-cooking>

Perhaps additional studies that identify health hazards from cooking indoors, regardless of heat source should be done to complement any additional studies for any other indoor cooking hazards?

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