

From: Beth Frice [mailto:passion_4life@hotmail.com]

Sent: Monday, July 16, 2012 6:02 PM

To: Solorio, Eric@Energy

Cc: ca52dhima@mail.house.gov; anthonyyoung@sandiego.gov; carldemaio@sandiego.gov; jerrysanders@sandiego.gov; kevinfaulconer@sandiego.gov; martiemerald@sandiego.gov; sherrilighner@sandiego.gov; toddgloria@sandiego.gov; davidalvarez@sandiego.gov; loriezapf@sandiego.gov; jdale@ci.santee.ca.us; jminto@ci.santee.ca.us; jryan@ci.santee.ca.us; rvoepel@ci.santee.ca.us; rmcnelis@ci.santee.ca.us; dianne.jacob@sdcounty.ca.gov; senator.kehoe@sen.ca.gov; susan.davis@mail.house.gov; senator@boxer.senate.gov; senator@feinstein.senate.gov; assemblymember.jones@assembly.ca.gov; gail.ramer@asm.ca.gov

Subject: CEC record - Docket #11 - AFC - 03 Quail Brush Power Generation Siting Case

From San Diego Foundation - Parks for Everyone report

“OUR GREEN SPACE IS OUR QUALITY OF LIFE

In addition to its intrinsic value, green space provides many important benefits to San Diego residents and to the natural environment. Green space is a venue for physical activity, which plays a vital role in combating obesity and its associated medical complications, and improving overall physical health.

Physical activity promotes social development, encourages healthy lifestyle choices, positively impacts a student's academic performance, and contributes to psychological well-being.

Additionally, green space provides economic benefits to the San Diego region in the form of increased property values, and revenue generation from visiting and using green space. It also offers important environmental benefits, such as helping to offset climate change, increasing storm water absorption, reducing air and water pollution, and providing habitat for animals and plants.

Green space provides needed reprieve from the everyday pressures that lead to mental fatigue. This improves the health of adults and children by reducing stress and depression and improving focus, attention span, productivity, and recovery from illness. Evidence shows that spending time in parks can reduce irritability and impulsivity, such activity can also promote intellectual and physical development in children and teenagers by providing a safe and engaging environment to interact and develop social skills, language and reasoning abilities, as well as muscle strength and coordination.

PARKS BRING PEOPLE TOGETHER

Parks and recreation programs bring diverse users together in the public commons. Green spaces and parks satisfy needs for interaction by enticing residents into public places.”

Please consider a No Project Alternative. Promote Conservation! Protect our families!

Thank you,

Beth Frice

Shantung Drive

Santee, CA 92071