

To: DOC and CEC
DOC 08-AFC-8A
From: Douglass

The American Lung Association's, State of the Air 2012, is a summation of many long-term studies on the quality of the air and the effect of polluted air on the population in the United States. They looked at ozone levels and particle levels from official monitoring sites across our nation for the years 2008, 2009, and 2010.

Pollution information by cities in the United States:

1. Bakersfield and Delano, California are tied for worst in "Cities Most Polluted by Short-term Particle Pollution". A total of 7 San Joaquin Valley cities are mentioned in ranks 1-5. (p.1)
2. Bakersfield is ranked worst in "Cities Most Polluted by Year-round Particle Pollution". A total of 4 San Joaquin Valley cities are mentioned in ranks 1-5. (p.2)
3. Bakersfield and Delano are in third place for worst "Most Ozone-Polluted Cities". A total of 8 San Joaquin Valley cities are mentioned in ranks 1-5. (p.3)

Pollution information by counties in California:

1. Kern County is ranked worst for "Counties Most Polluted by Short-term Particle Pollution". 3 San Joaquin Counties are in ranks 1-5. (p.4)
2. Kern County is ranked worst for "Counties Most Polluted by Year-round Particle Pollution". 3 San Joaquin Counties are in ranks 1-5. (p.5)
3. Kern County is in third place for worst "Most Ozone-Polluted County". 3 San Joaquin Counties are in ranks 1-6. (p.6)

High ozone days in Kern County 2008-2010:

1. 209 Orange-Unhealthy for Sensitive Groups
2. 48 Red-Unhealthy
3. 2 Purple-Hazardous (p.7)

High particle days in Kern County 2008-2010:

1. 126 Orange-Unhealthy for Sensitive Groups
2. 21 Red-Unhealthy
3. 2 Purple-Very Unhealthy (p.8)

Unhealthy air quality is harmful for the whole population but, the Lung Association says that children birth-18 and adults 65 and older are the most at risk. Lung diseases are the first to be listed: pediatric and adult asthma, chronic bronchitis, and emphysema. (p8-19) People living in areas with high ozone and particle pollution and who have cardiovascular disease and/or diabetes risk premature death. One study is finding that fine particle levels are associated with lung cancer in people who have never smoked. (p.11) New EPA guidelines will look at even smaller particles than what is now measured.

According to the San Joaquin Air Pollution Control Board's 2011 report the people of the San Joaquin Valley are working to comply with the EPA regulations. Our air quality

is better than it has been in 10 years. Our efforts are achieving cleaner air. A coal/coke gasification factory will erase what progress we have made. We have complied with EPA recommended no burn days. You must mandate that HECA follow the same rules we do. If you approve this proposal our families will have to endure the loss of many more loved ones and deal with lung diseases that rob vitality and joy from life. The coke and coal will be combusted 24 hours a day, 7 days a week, 365 days a year, adding 520 million tons of pollution to the air, raising even higher our levels of ozone and particles.

The Lung Association has written a report Toxic Air: The Case for Cleaning Up Coal-fired Power Plants . Coal-fired plants are among the largest contributors to particulate pollution, ozone, mercury, and global warming. You cannot tell me that gasification and sequestration are a clean solution for air quality. The Tupman facility will not even sequester the greenhouse gas, CO₂. HECA will turn it over to Occidental Petroleum to play with. This plant will add more than 520 million tons of pollution a year for 30 years. The only clean solution is not to build this factory. The whole of Kern County is to be the test for this technology. Our lives are too high a price to pay for a science experiment that can only increase pollution of our bodies, air, land, water, and vegetation. 84 known hazardous pollutants are released from coal some of those are: arsenic, mercury, dioxins, formaldehyde, and hydrogen chloride. HECA will use an “old-school” fuel with a technology “face lift” but, coke and coal will still leave a poisonous and deadly residue.(p.10) Why isn't this project powered by natural gas?

You must be familiar with the topography of our valley and the unhealthy air that is trapped here. To permit SCS Energy to build this chemical factory fueled by coke and coal would be both irresponsible and criminal. The 520 million tons of pollution projected (not including the CO₂) for each year is just the tip of the ice berg. No one really knows how well this process will work. This figure does not even include the cars, trucks, and trains transporting people and materials in and out of the site or the CO₂ that will not be sequestered.

To protect the lives of our children and our Senior Citizens please say no to SCS Energy. To protect our agricultural business, please say no to HECA. To protect the whole San Joaquin Valley, please say no to this chemical factory.

Trudy Douglass
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San Joaquin Valley Cities

People at Risk In 25 U.S. Cities Most Polluted by Short-term Particle Pollution (24-hour PM_{2.5})

| 2012 Rank ¹ | Metropolitan Statistical Areas | Total Population ² | Under 18 ³ | 65 and Over ³ | Pediatric Asthma ^{4a} | Adult Asthma ^{4a} | Chronic Bronchitis ^{5a} | Emphysema ^{5a} | CV Disease ⁶ | Diabetes ¹⁰ | Poverty ¹¹ |
|------------------------|---|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|----------------------------------|-------------------------|-------------------------|------------------------|-----------------------|
| 1 | Bakersfield-Delano, CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 173,566 | 47,097 | 172,531 |
| 2 | Fresno-Madera, CA | 1,081,315 | 320,356 | 110,683 | 21,251 | 57,991 | 31,596 | 12,865 | 231,750 | 63,239 | 276,242 |
| 3 | Hanford-Corcoran, CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 31,019 | 8,299 | 29,606 |
| 4 | Los Angeles-Long Beach-Riverside, CA | 17,877,006 | 4,565,478 | 1,951,619 | 302,853 | 1,017,973 | 557,067 | 228,858 | 4,109,426 | 1,125,917 | 2,869,935 |
| 5 | Modesto, CA | 514,453 | 147,158 | 54,831 | 9,762 | 28,134 | 15,444 | 6,401 | 114,432 | 31,427 | 100,554 |
| 6 | Pittsburgh-New Castle, PA | 2,447,393 | 494,323 | 424,210 | 47,100 | 192,733 | 88,118 | 42,691 | 702,228 | 210,278 | 292,906 |
| 7 | Salt Lake City-Ogden-Clearfield, UT | 1,744,886 | 533,826 | 153,471 | 36,709 | 110,172 | 49,331 | 19,048 | 353,672 | 79,802 | 210,795 |
| 8 | Logan, UT-ID | 125,442 | 40,137 | 10,337 | 2,658 | 7,717 | 3,345 | 1,228 | 23,253 | 5,195 | 18,653 |
| 9 | Fairbanks, AK | 97,581 | 25,001 | 6,375 | 1,731 | 7,184 | 2,919 | 1,026 | 20,296 | 3,491 | 8,804 |
| 10 | Merced, CA | 255,793 | 80,698 | 23,960 | 5,353 | 13,302 | 7,191 | 2,853 | 52,121 | 14,142 | 58,212 |
| 11 | Provo-Orem, UT | 526,810 | 185,814 | 34,500 | 12,777 | 30,927 | 12,976 | 4,395 | 87,084 | 18,883 | 75,775 |
| 12 | Visalia-Porterville, CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 89,570 | 24,362 | 108,143 |
| 13 | Eugene-Springfield, OR | 351,715 | 69,689 | 52,781 | 5,256 | 26,830 | 12,309 | 5,587 | 95,028 | 20,424 | 65,849 |
| 14 | Green Bay, WI | 306,241 | 75,104 | 38,204 | 6,671 | 19,118 | 10,013 | 4,367 | 76,174 | 16,251 | 31,524 |
| 15 | Stockton, CA | 685,306 | 200,724 | 71,181 | 13,315 | 37,106 | 20,338 | 8,380 | 150,333 | 41,250 | 128,331 |
| 16 | Las Cruces, NM | 209,233 | 55,858 | 25,881 | 4,456 | 14,971 | 6,503 | 2,806 | 48,910 | 12,556 | 52,262 |
| 17 | Harrisburg-Carlisle-Lebanon, PA | 683,043 | 152,398 | 102,609 | 14,521 | 52,634 | 23,488 | 10,866 | 183,301 | 54,575 | 71,977 |
| 18 | Chicago-Naperville-Michigan City, IL-IN-WI | 9,666,021 | 2,431,946 | 1,110,997 | 236,714 | 668,440 | 307,949 | 129,526 | 2,300,130 | 626,492 | 1,304,822 |
| 18 | San Diego-Carlsbad-San Marcos, CA | 3,095,313 | 724,168 | 351,425 | 48,038 | 181,080 | 99,026 | 40,726 | 730,127 | 199,827 | 445,556 |
| 20 | Milwaukee-Racine-Waukesha, WI | 1,751,316 | 431,446 | 221,571 | 38,324 | 109,226 | 57,101 | 24,984 | 434,587 | 92,773 | 267,038 |
| 21 | Sacramento-Arden-Arcade-Yuba City, CA-NV | 2,461,780 | 610,637 | 306,306 | 40,690 | 143,119 | 79,611 | 34,539 | 603,037 | 166,939 | 361,014 |
| 22 | Davenport-Moline-Rock Island, IA-IL | 379,690 | 89,568 | 57,111 | 7,347 | 24,569 | 12,863 | 5,987 | 100,626 | 25,407 | 49,380 |
| 22 | Philadelphia-Camden-Vineland, PA-NJ-DE-MD | 6,533,683 | 1,526,723 | 871,837 | 149,002 | 483,714 | 217,185 | 96,168 | 1,660,434 | 479,061 | 821,977 |
| 22 | Washington-Baltimore-Northern Virginia, DC-MD-VA-WV | 8,526,282 | 2,013,794 | 928,610 | 219,161 | 554,909 | 275,715 | 113,600 | 2,045,032 | 568,526 | 770,807 |
| 25 | South Bend-Elkhart-Mishawaka, IN-MI | 563,834 | 146,933 | 74,786 | 13,197 | 39,968 | 18,121 | 8,102 | 139,037 | 41,734 | 87,904 |
| 25 | Yakima, WA | 243,231 | 74,038 | 28,122 | 4,453 | 16,242 | 7,193 | 3,096 | 54,119 | 12,716 | 57,612 |

Notes:
 1. Cities are ranked using the highest weighted average for any county within that Combined or Metropolitan Statistical Area.
 2. Total Population represents the at-risk populations for all counties within the respective Combined or Metropolitan Statistical Area.
 3. Those 18 and under and 65 and over are vulnerable to PM_{2.5} and are, therefore, included. They should not be used as population denominators for disease estimates.
 4. Pediatric asthma estimates are for those under 13 years of age and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 5. Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 6. Chronic bronchitis estimates are for adults 18 and over who had been diagnosed in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
 7. Emphysema estimates are for adults 18 and over who have been diagnosed within their lifetime, based on national rates (NHIS) applied to population estimates (U.S. Census).
 8. Adding across rows does not produce valid estimates, e.g., summing pediatric and adult asthma and/or emphysema and chronic bronchitis.
 9. CV disease is cardiovascular disease and estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease applied to population estimates (U.S. Census).
 10. Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BRFSS) applied to population estimates (U.S. Census).
 11. Poverty estimates come from the U.S. Census Bureau and are for all ages.



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People at Risk In 25 U.S. Cities Most Polluted by Year-Round Particle Pollution (Annual PM_{2.5})

| 2012 Rank ¹ | Metropolitan Statistical Areas | Total Population ² | Under 18 ³ | 65 and Over ⁴ | Pediatric Asthma ^{5a} | Adult Asthma ^{5b} | Chronic Bronchitis ^{5c} | Emphysema ^{5d} | CV Disease ^{5e} | Diabetes ^{5f} | Poverty ^{5g} |
|------------------------|---|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|----------------------------------|-------------------------|--------------------------|------------------------|-----------------------|
| 01 | Bakersfield-Delano, CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 173,566 | 47,097 | 172,531 |
| 02 | Hanford-Corcoran, CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 31,019 | 8,299 | 29,606 |
| 3 | Los Angeles-Long Beach-Riverside, CA | 17,877,006 | 4,565,478 | 1,951,619 | 302,853 | 1,017,973 | 557,067 | 228,858 | 4,109,426 | 1,125,917 | 2,869,935 |
| 04 | Visalia-Porterville, CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 89,570 | 24,362 | 108,143 |
| 05 | Fresno-Madera, CA | 1,081,315 | 320,356 | 110,683 | 21,251 | 57,991 | 31,596 | 12,865 | 231,750 | 63,239 | 276,242 |
| 6 | Pittsburgh-New Castle, PA | 2,447,393 | 494,323 | 424,210 | 47,100 | 192,733 | 88,118 | 42,691 | 702,228 | 210,278 | 292,906 |
| 7 | Phoenix-Mesa-Glendale, AZ | 4,192,887 | 1,107,561 | 514,712 | 103,850 | 297,158 | 130,677 | 56,150 | 981,249 | 250,407 | 676,590 |
| 8 | Cincinnati-Middletown-Wilmington, OH-KY-IN | 2,172,191 | 541,640 | 265,863 | 52,022 | 159,476 | 70,437 | 30,544 | 534,359 | 160,761 | 297,254 |
| 9 | Louisville-Jefferson County-Elizabethtown-Scottsburg, KY-IN | 1,427,483 | 344,414 | 181,225 | 35,354 | 110,720 | 46,992 | 20,586 | 358,161 | 108,671 | 212,960 |
| 10 | Philadelphia-Camden-Vineland, PA-NJ-DE-MD | 6,533,683 | 1,526,723 | 871,837 | 149,002 | 483,714 | 217,185 | 96,168 | 1,660,434 | 479,061 | 821,977 |
| 10 | St. Louis-St. Charles-Farmington, MO-IL | 2,902,951 | 691,253 | 388,478 | 73,624 | 197,528 | 96,454 | 42,981 | 740,304 | 207,624 | 377,927 |
| 12 | Birmingham-Hoover-Cullman, AL | 1,208,453 | 288,331 | 158,949 | 33,120 | 72,891 | 39,865 | 17,598 | 304,358 | 112,760 | 202,352 |
| 12 | Steubenville-Weirton, OH-WV | 124,454 | 24,792 | 23,112 | 2,020 | 8,511 | 4,573 | 2,282 | 36,997 | 11,773 | 20,060 |
| 14 | Cleveland-Akron-Elvira, OH | 2,881,937 | 662,604 | 431,376 | 62,126 | 213,261 | 98,669 | 45,842 | 772,244 | 233,293 | 432,423 |
| 14 | Fairbanks, AK | 97,581 | 25,001 | 6,375 | 1,731 | 7,184 | 2,919 | 1,026 | 20,296 | 3,491 | 8,804 |
| 14 | Indianapolis-Anderson-Columbus, IN | 2,080,782 | 537,309 | 239,468 | 47,240 | 147,611 | 65,880 | 27,927 | 494,231 | 147,661 | 301,412 |
| 17 | Charleston, WV | 304,284 | 65,632 | 48,538 | 4,292 | 17,296 | 10,731 | 5,088 | 84,858 | 28,530 | 46,065 |
| 17 | Columbus-Auburn-Opeika, GA-AL | 456,564 | 110,875 | 50,422 | 11,202 | 26,911 | 14,390 | 5,876 | 105,741 | 36,206 | 91,276 |
| 17 | Dayton-Springfield-Greenville, OH | 1,072,891 | 249,314 | 162,307 | 23,376 | 79,087 | 36,454 | 16,955 | 284,970 | 86,115 | 169,263 |
| 20 | Huntington-Ashland, WV-KY-OH | 287,702 | 61,997 | 46,625 | 5,241 | 19,615 | 10,019 | 4,736 | 78,785 | 25,083 | 58,538 |
| 20 | Parkersburg-Marietta, WV-OH | 162,056 | 34,684 | 27,634 | 2,635 | 10,369 | 5,771 | 2,802 | 46,088 | 14,900 | 25,008 |
| 20 | Wheeling, WV-OH | 147,950 | 29,212 | 26,446 | 2,303 | 9,922 | 5,402 | 2,650 | 43,340 | 13,886 | 23,309 |
| 23 | Houston-Baytown-Huntsville, TX | 6,051,363 | 1,683,279 | 523,789 | 127,325 | 322,604 | 180,163 | 69,512 | 1,298,152 | 411,138 | 992,603 |
| 24 | Atlanta-Sandy Springs-Gainesville, GA-AL | 5,618,451 | 1,489,486 | 515,559 | 134,057 | 319,422 | 171,459 | 67,219 | 1,244,401 | 391,674 | 851,796 |
| 24 | Davenport-Moline-Rock Island, IA-IL | 379,690 | 89,568 | 57,111 | 7,347 | 24,569 | 12,863 | 5,987 | 100,626 | 25,407 | 49,380 |
| 24 | Fairmont-Clarksburg, WV | 150,614 | 31,567 | 25,022 | 2,064 | 8,632 | 5,333 | 2,547 | 42,216 | 14,143 | 25,906 |
| 24 | Hagerstown-Martinsburg, MD-WV | 269,140 | 63,595 | 36,178 | 5,950 | 16,130 | 8,980 | 4,009 | 69,007 | 21,349 | 31,317 |

Notes:
 1. Cities are ranked using the highest average value for any county within that Metropolitan Statistical Area.
 2. Total Population represents the total population for all counties within the respective County or Metropolitan Statistical Area.
 3. Those 18 and under and 65 and over are vulnerable to fire, and are, therefore, included. They should not be used as population denominator for various estimates.
 4. Pediatric asthma estimates are for those under 18 years of age and represent the estimated number of people who had asthma in 2010 based on state rates. (BRFSS) applied to population estimates (U.S. Census).
 5. Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2010 based on state rates. (BRFSS) applied to population estimates (U.S. Census).
 6. Chronic bronchitis estimates are for adults 18 and over who had been diagnosed in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
 7. Emphysema estimates are for adults 18 and over who have been diagnosed with their illness, based on national rates (NHIS) applied to population estimates (U.S. Census).
 8. Asthma rates does not produce valid estimates, e.g., summing adult asthma and chronic bronchitis.
 9. CV disease is cardiovascular disease and estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease applied to population estimates (U.S. Census).
 10. Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BRFSS) applied to population estimates (U.S. Census).
 11. Poverty estimates come from the U.S. Census Bureau and are for all ages.

People at Risk In 25 Most Ozone-Polluted Cities

| 2012 Rank ¹ | Metropolitan Statistical Areas | Total Population ² | Under 18 ³ | 65 and Over ⁴ | Pediatric Asthma ^{5a} | Adult Asthma ^{5b} | Chronic Bronchitis ^{6a} | Emphysema ^{7a} | Poverty ⁹ |
|------------------------|---|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|----------------------------------|-------------------------|----------------------|
| 1 | Los Angeles-Long Beach-Riverside, CA | 17,877,006 | 4,565,478 | 1,951,619 | 302,853 | 1,017,973 | 557,067 | 228,858 | 2,869,935 |
| 2 | Visalia-Porterville, CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 108,143 |
| 3 | Bakersfield-Delano, CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 172,531 |
| 4 | Fresno-Madera, CA | 1,081,315 | 320,356 | 110,683 | 21,251 | 57,991 | 31,596 | 12,865 | 276,242 |
| 5 | Hanford-Corcoran, CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 29,606 |
| 6 | Sacramento--Arden-Arcade--Yuba City, CA-NV | 2,461,780 | 610,637 | 306,306 | 40,690 | 143,119 | 79,611 | 34,539 | 361,014 |
| 7 | San Diego-Carlsbad-San Marcos, CA | 3,095,313 | 724,168 | 351,425 | 48,038 | 181,080 | 99,026 | 40,726 | 445,556 |
| 8 | Houston-Baytown-Huntsville, TX | 6,051,563 | 1,683,279 | 523,789 | 127,325 | 322,604 | 180,163 | 69,512 | 992,603 |
| 9 | San Luis Obispo-Paso Robles, CA | 269,637 | 50,841 | 41,022 | 3,373 | 16,916 | 9,556 | 4,342 | 36,179 |
| 10 | Merced, CA | 255,793 | 80,698 | 23,960 | 5,353 | 13,302 | 7,191 | 2,853 | 58,212 |
| 11 | Modesto, CA | 514,453 | 147,158 | 54,831 | 9,762 | 28,134 | 15,444 | 6,401 | 100,554 |
| 12 | Dallas-Fort Worth, TX | 6,697,402 | 1,850,846 | 617,125 | 140,000 | 357,872 | 200,820 | 78,933 | 960,577 |
| 13 | Washington-Baltimore-Northern Virginia, DC-MD-VA-WV | 8,526,282 | 2,013,794 | 928,610 | 219,161 | 554,909 | 275,715 | 113,600 | 770,807 |
| 14 | El Centro, CA | 174,528 | 51,098 | 18,152 | 3,390 | 9,415 | 5,139 | 2,104 | 36,666 |
| 15 | New York-Newark-Bridgeport, NY-NJ-CT-PA | 22,085,649 | 5,059,741 | 2,906,533 | 496,081 | 1,609,241 | 733,058 | 321,030 | 2,893,957 |
| 16 | Chico, CA | 220,000 | 46,168 | 33,817 | 3,063 | 13,391 | 7,563 | 3,464 | 43,392 |
| 16 | Philadelphia-Camden-Vineland, PA-NJ-DE-MD | 6,533,683 | 1,526,723 | 871,837 | 149,002 | 483,714 | 217,185 | 96,168 | 821,977 |
| 18 | Charlotte-Gastonia-Salisbury, NC-SC | 2,402,623 | 610,448 | 269,005 | 55,318 | 136,032 | 75,955 | 31,737 | 367,170 |
| 19 | Phoenix-Mesa-Glendale, AZ | 4,192,887 | 1,107,561 | 514,712 | 103,850 | 297,158 | 130,677 | 56,150 | 676,590 |
| 20 | Pittsburgh-New Castle, PA | 2,447,393 | 494,323 | 424,210 | 47,100 | 192,733 | 88,118 | 42,691 | 292,906 |
| 21 | Birmingham-Hoover-Cullman, AL | 1,208,453 | 288,331 | 158,949 | 33,120 | 72,591 | 39,865 | 17,598 | 202,352 |
| 21 | Cincinnati-Middletown-Wilmington, OH-KY-IN | 2,172,191 | 541,640 | 265,863 | 52,022 | 159,476 | 70,437 | 30,544 | 297,254 |
| 23 | Stockton, CA | 685,306 | 200,724 | 71,181 | 13,315 | 37,106 | 20,338 | 8,380 | 128,331 |
| 24 | Baton Rouge-Pierre Part, LA | 825,905 | 204,083 | 89,297 | 16,955 | 41,518 | 26,153 | 10,735 | 130,090 |
| 25 | Atlanta-Sandy Springs-Gainesville, GA-AL | 5,618,431 | 1,489,486 | 515,559 | 134,057 | 319,422 | 171,459 | 67,219 | 851,796 |

Notes:
 1. Cities are ranked using the R-Grass weighted average for a county with a that contained or Metropolitan Statistical Area.
 2. Total Population represents the at-risk population for all counties within the respective Combined Metropolitan Statistical Area.
 3. Those 18 and under and 65 and over are vulnerable to PM_{2.5} and are, therefore, included. They should not be used as population denominators for disease estimates.
 4. Pediatric asthma estimates are for those under 18 years of age and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 5. Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 6. Chronic bronchitis estimates are for adults 18 and over who have been diagnosed with their illness, based on national rates (NHIS) applied to population estimates (U.S. Census).
 7. Emphysema estimates are for adults 18 and over who have been diagnosed with their illness, based on national rates (NHIS) applied to population estimates (U.S. Census).
 8. Adding across rows does not produce valid estimates, e.g., summing ped strc and adult asthma and/or emphysema and chronic bronchitis.
 9. Poverty estimates come from the U.S. Census Bureau and are for all ages.

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Counties in the San Joaquin Valley

People at Risk in 25 Counties Most Polluted by Short-term Particle Pollution (24-hour PM_{2.5})

High PM_{2.5} Days in Unhealthy Ranges, 2008-2010

| 2012 Rank | County | ST | Total Population ² | Under 18 ³ | 65 and Over ⁴ | Pediatric Asthma ^{5a} | Adult Asthma ^{5b} | Chronic Bronchitis ^{6a} | Emphysema ^{6b} | CV | | | Weighted Avg. ¹² | Grade ¹³ |
|-----------|------------------------------|----|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|----------------------------------|-------------------------|-----------------------|------------------------|-----------------------|-----------------------------|---------------------|
| | | | | | | | | | | Diabetes ⁹ | Diabetes ¹⁰ | Poverty ¹¹ | | |
| 1 | Kern | CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 173,566 | 47,097 | 172,531 | 53.8 | F |
| 2 | Fresno | CA | 930,450 | 277,507 | 93,421 | 18,409 | 49,721 | 27,034 | 10,932 | 197,670 | 53,861 | 245,330 | 41.2 | F |
| 3 | Kings | CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 31,019 | 8,299 | 29,606 | 29.8 | F |
| 4 | Riverside | CA | 2,189,641 | 620,108 | 258,586 | 41,135 | 120,166 | 66,447 | 28,441 | 498,296 | 137,270 | 354,768 | 28.8 | F |
| 5 | Stanislaus | CA | 514,453 | 147,158 | 54,831 | 9,762 | 28,134 | 15,444 | 6,401 | 114,432 | 31,427 | 100,554 | 26.8 | F |
| 6 | Allegheeny | PA | 1,223,348 | 241,663 | 205,059 | 23,026 | 96,938 | 43,705 | 20,759 | 344,552 | 102,934 | 141,453 | 26.3 | F |
| 7 | Hawaii | HI | 185,079 | 42,280 | 26,834 | 4,662 | 13,426 | 6,404 | 2,964 | 50,212 | 12,390 | 33,285 | 23.5 | F |
| 8 | Los Angeles | CA | 9,818,605 | 2,402,208 | 1,065,699 | 159,352 | 566,147 | 308,756 | 125,611 | 2,266,565 | 619,371 | 1,699,264 | 20.3 | F |
| 9 | Salt Lake | UT | 1,029,655 | 299,781 | 89,367 | 20,614 | 66,384 | 29,531 | 11,231 | 210,224 | 47,227 | 139,675 | 19.3 | F |
| 10 | Cache | UT | 112,656 | 35,639 | 8,694 | 2,451 | 6,988 | 2,985 | 1,062 | 20,466 | 4,503 | 17,323 | 15.0 | F |
| 11 | Shoshone | ID | 12,765 | 2,660 | 2,537 | 122 | 915 | 474 | 245 | 3,910 | 985 | 2,606 | 12.7 | F |
| 12 | Fairbanks North Star Borough | AK | 97,581 | 25,001 | 6,375 | 1,731 | 7,184 | 2,919 | 1,026 | 20,296 | 3,491 | 8,804 | 11.8 | F |
| 13 | Merced | CA | 255,793 | 80,698 | 23,960 | 5,353 | 13,302 | 7,191 | 2,853 | 52,121 | 14,142 | 58,212 | 11.7 | F |
| 14 | Utah | UT | 516,564 | 181,977 | 33,457 | 12,514 | 30,344 | 12,705 | 4,280 | 85,060 | 18,413 | 74,539 | 11.5 | F |
| 15 | Weber | UT | 231,236 | 69,311 | 23,388 | 4,766 | 14,730 | 6,698 | 2,713 | 48,982 | 11,201 | 31,542 | 10.0 | F |
| 16 | Tulare | CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 89,570 | 24,362 | 108,143 | 9.8 | F |
| 17 | Muscataine | IA | 42,745 | 11,164 | 5,843 | 695 | 2,476 | 1,393 | 635 | 10,809 | 2,403 | 5,782 | 9.2 | F |
| 18 | Lane | OR | 351,715 | 69,689 | 52,781 | 5,256 | 26,830 | 12,309 | 5,587 | 95,028 | 20,424 | 65,849 | 8.7 | F |
| 19 | Brown | WI | 248,007 | 61,823 | 28,789 | 5,491 | 15,440 | 7,963 | 3,378 | 59,793 | 12,676 | 24,829 | 7.0 | F |
| 20 | San Joaquin | CA | 685,306 | 200,724 | 71,181 | 13,315 | 37,106 | 20,338 | 8,380 | 150,333 | 41,250 | 128,331 | 6.8 | F |
| 21 | Lemhi | ID | 7,936 | 1,576 | 1,758 | 73 | 582 | 308 | 167 | 2,602 | 659 | 1,660 | 6.7 | F |
| 21 | Doña Ana | NM | 209,233 | 55,858 | 25,881 | 4,456 | 14,971 | 6,503 | 2,806 | 48,910 | 12,556 | 52,262 | 6.7 | F |
| 23 | Plumas | CA | 20,007 | 3,601 | 4,154 | 239 | 1,308 | 784 | 410 | 6,527 | 1,886 | 3,012 | 6.5 | F |
| 23 | Lewis and Clark | MT | 63,395 | 14,376 | 8,757 | 990 | 4,455 | 2,189 | 996 | 17,049 | 3,474 | 7,041 | 6.5 | F |
| 25 | San Bernardino | CA | 2,035,210 | 594,588 | 181,348 | 39,442 | 109,976 | 59,433 | 23,199 | 429,655 | 116,882 | 362,099 | 6.3 | F |
| 25 | Cumberland | PA | 235,406 | 48,712 | 36,745 | 4,641 | 18,484 | 8,232 | 3,818 | 64,210 | 19,126 | 16,451 | 6.3 | F |

Notes:

- Counties are ranked by weighted average. See note 12 below.
- Total population represents the entire population in counties with pop. monitors.
- Those 18 and under and 65 and over are vulnerable to PM_{2.5} and are, therefore, included. They should not be used as population denominators for disease estimates.
- Pediatric asthma estimates are for those under 18 years of age and represent the estimated number of people who had asthma in 2012. Cases on state rates (BR-SS) applies to population estimates (U.S. Census).
- Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2012. Cases on state rates (BR-SS) applies to population estimates (U.S. Census).
- Chronic bronchitis estimates are for adults 18 and over who had been diagnosed in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
- Emphysema estimates are for adults 18 and over who have been diagnosed within their lifetime, based on national rates (NHIS) applied to population estimates (U.S. Census).
- Adding across rows does not produce valid estimates, e.g., summing pediatric and adult asthma and/or emphysema and chronic bronchitis.
- CV disease estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease as applied to population estimates (U.S. Census).
- Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BR-SS) applied to population estimates (U.S. Census).
- Poverty estimates come from the U.S. Census Bureau and are for all ages.
- The Weighted Average was derived by counting the number of days in each unhealthy range (orange, red, purple, maroon) in each year (2008-2010), multiplying the total in each range by the assigned standard weights (see 1 for orange, 1.5 for red, 2.0 for purple, 2.5 for maroon), and calculating the average.
- Grade is assigned by weighted average as follows: A=0.0, B=0.3-0.9, C=1.0-2.0, D=2.1-3.2, F=3.3+.

4

Counties in San Joaquin Valley

People at Risk in 25 Counties Most Polluted by Year-round Particle Pollution (Annual PM_{2.5})

PM_{2.5} Annual, 2008-2010

| 2012 Rank ¹ | County | ST | Total Population ² | At-Risk Groups | | | | | | | Design Value ²² | Grade ²³ | | |
|------------------------|------------------------------|----|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|---------------------------------|------------------------|----------------------|----------------------------|---------------------|------------------------|-----------------------|
| | | | | Under 18 ³ | 65 and Over ⁴ | Pediatric Asthma ^{5a} | Adult Asthma ^{5b} | Chronic Bronchitis ⁶ | Emphysema ⁷ | Disease ⁸ | | | Diabetes ¹⁰ | Poverty ¹¹ |
| 1 | Kern | CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 173,566 | 47,097 | 172,531 | 21.2 | Fail |
| 2 | Hawaii | HI | 185,079 | 42,280 | 26,834 | 4,662 | 13,426 | 6,404 | 2,964 | 50,212 | 12,390 | 33,285 | 18.4 | Fail |
| 3 | Kings | CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 31,019 | 8,299 | 29,606 | 17.1 | Fail |
| 4 | Riverside | CA | 2,189,641 | 620,108 | 258,586 | 41,135 | 120,166 | 66,447 | 28,441 | 498,296 | 137,270 | 354,768 | 17.0 | Fail |
| 5 | Tulare | CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 89,570 | 24,362 | 108,143 | 16.5 | Fail |
| 6 | Fresno | CA | 930,450 | 277,507 | 93,421 | 18,409 | 49,721 | 27,034 | 10,932 | 197,670 | 53,861 | 245,330 | 16.4 | Fail |
| 7 | Allegheeny | PA | 1,223,348 | 241,663 | 205,059 | 23,026 | 96,938 | 43,705 | 20,759 | 344,552 | 102,934 | 141,453 | 16.0 | Fail |
| 8 | Pinal | AZ | 375,770 | 99,700 | 52,071 | 9,348 | 26,593 | 11,852 | 5,331 | 90,685 | 23,143 | 51,500 | 15.4 | Fail |
| 9 | San Bernardino | CA | 2,035,210 | 594,588 | 181,348 | 39,442 | 109,976 | 59,433 | 23,199 | 429,655 | 116,882 | 362,099 | 14.5 | Pass |
| 10 | Los Angeles | CA | 9,818,605 | 2,402,208 | 1,065,699 | 159,352 | 566,147 | 308,756 | 125,611 | 2,266,565 | 619,371 | 1,699,264 | 14.4 | Pass |
| 10 | Hamilton | OH | 802,374 | 189,640 | 106,863 | 17,781 | 58,986 | 26,553 | 11,754 | 202,912 | 61,013 | 144,741 | 14.4 | Pass |
| 12 | Clark | IN | 110,232 | 26,109 | 14,055 | 2,295 | 8,021 | 3,640 | 1,591 | 27,699 | 8,299 | 13,632 | 14.1 | Pass |
| 13 | Madison | IL | 269,282 | 61,246 | 38,428 | 6,026 | 18,844 | 9,096 | 4,119 | 70,216 | 19,162 | 38,068 | 13.8 | Pass |
| 13 | Chester | PA | 498,886 | 124,055 | 63,875 | 11,820 | 37,427 | 16,456 | 7,308 | 126,487 | 37,464 | 31,172 | 13.8 | Pass |
| 15 | Jefferson | AL | 658,466 | 154,528 | 86,443 | 17,750 | 39,726 | 21,754 | 9,558 | 165,636 | 61,402 | 119,809 | 13.7 | Pass |
| 15 | Brooke | WV | 24,069 | 4,577 | 4,602 | 299 | 1,411 | 895 | 449 | 7,255 | 2,432 | 3,402 | 13.7 | Pass |
| 17 | Fairbanks North Star Borough | AK | 97,581 | 25,001 | 6,375 | 1,731 | 7,184 | 2,919 | 1,026 | 20,296 | 3,491 | 8,804 | 13.6 | Pass |
| 17 | Marion | IN | 903,393 | 226,505 | 96,102 | 19,914 | 64,968 | 28,268 | 11,496 | 207,757 | 61,762 | 184,537 | 13.6 | Pass |
| 17 | Cuyahoga | OH | 1,280,122 | 290,262 | 198,541 | 27,215 | 95,026 | 44,014 | 20,639 | 345,470 | 104,479 | 227,716 | 13.6 | Pass |
| 20 | Butler | OH | 368,130 | 92,604 | 42,484 | 8,683 | 26,590 | 11,775 | 4,989 | 88,365 | 26,449 | 48,197 | 13.4 | Pass |
| 20 | Westmoreland | PA | 365,169 | 72,611 | 68,877 | 6,919 | 28,801 | 13,508 | 6,795 | 109,780 | 33,020 | 37,017 | 13.4 | Pass |
| 22 | Summit | OH | 541,781 | 123,575 | 78,968 | 11,586 | 40,213 | 18,517 | 8,509 | 144,235 | 43,524 | 82,194 | 13.3 | Pass |
| 23 | Muscoogee | GA | 189,885 | 48,598 | 22,082 | 4,368 | 10,973 | 5,950 | 2,500 | 44,288 | 13,916 | 36,998 | 13.2 | Pass |
| 23 | Jefferson | KY | 741,096 | 171,807 | 99,095 | 18,239 | 59,161 | 24,702 | 10,939 | 188,884 | 57,395 | 125,861 | 13.2 | Pass |
| 23 | Montgomery | OH | 535,153 | 123,279 | 81,041 | 11,559 | 39,549 | 18,186 | 8,441 | 141,939 | 42,886 | 93,697 | 13.2 | Pass |
| 23 | Kanawha | WV | 193,063 | 39,734 | 32,315 | 2,598 | 11,111 | 6,919 | 3,322 | 54,988 | 18,465 | 28,101 | 13.2 | Pass |

- Notes:
- Counties are ranked by design value. See note # 2 below.
 - Total population represents the resident population in counties with PM_{2.5} monitors.
 - Those 18 and under and 65 and over are vulnerable to PM_{2.5} and are, therefore, included. They should not be used as population denominators for disease estimates.
 - Pediatric asthma estimates are for those under 18 years of age and represent the estimated number of people who had asthma in 2010 based on state rates (AIR-SS) applied to population estimates (U.S. Census).
 - Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2010 based on state rates (AIR-SS) applied to population estimates (U.S. Census).
 - Chronic bronchitis estimates are for adults 18 and over who had been diagnosed in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
 - Emphysema estimates are for adults 18 and over who had been diagnosed within their lifetime, based on national rates (NHIS) applied to population estimates (U.S. Census).

- Adding across rows does not produce valid estimates, e.g., summing pediatric and adult asthma and/or emphysema and chronic bronchitis.
- CV disease is cardiovascular disease and estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease applied to population estimates (U.S. Census).
- Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BRFSS) applied to population estimates (U.S. Census).
- Poverty estimates come from the U.S. Census Bureau and are for all ages.
- The Design Value is the calculated concentration of a pollutant based on the level of the National Ambient Air Quality Standards (NAAQS) for that pollutant. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for PM_{2.5} and 35 µg/m³ for PM₁₀. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for ozone and 0.08 ppm for carbon monoxide.
- CV disease is cardiovascular disease and estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease applied to population estimates (U.S. Census).
- Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BRFSS) applied to population estimates (U.S. Census).
- Poverty estimates come from the U.S. Census Bureau and are for all ages.
- The Design Value is the calculated concentration of a pollutant based on the level of the National Ambient Air Quality Standards (NAAQS) for that pollutant. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for PM_{2.5} and 35 µg/m³ for PM₁₀. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for ozone and 0.08 ppm for carbon monoxide.
- CV disease is cardiovascular disease and estimates are based on National Heart Lung and Blood Institute (NHLBI) estimates of cardiovascular disease applied to population estimates (U.S. Census).
- Diabetes estimates are for adults 18 and over who have been diagnosed within their lifetime, based on state rates (BRFSS) applied to population estimates (U.S. Census).
- Poverty estimates come from the U.S. Census Bureau and are for all ages.
- The Design Value is the calculated concentration of a pollutant based on the level of the National Ambient Air Quality Standards (NAAQS) for that pollutant. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for PM_{2.5} and 35 µg/m³ for PM₁₀. The standard for the Design Value is 12.0 micrograms per cubic meter (µg/m³) for ozone and 0.08 ppm for carbon monoxide.



Counties in San Joaquin Valley

People at Risk in 25 Most Ozone-Polluted Counties

At-Risk Groups

| 2012 Rank ¹ | County | ST | Total Population ² | Under 18 ³ | 65 and Over ⁴ | Pediatric Asthma ^{5a} | Adult Asthma ^{5b} | Chronic Bronchitis ^{6a} | Emphysema ^{7a} | Poverty ⁸ | Weighted Avg. ¹⁰ | Grade ¹¹ |
|------------------------|-----------------|----|-------------------------------|-----------------------|--------------------------|--------------------------------|----------------------------|----------------------------------|-------------------------|----------------------|-----------------------------|---------------------|
| 1 | San Bernardino | CA | 2,035,210 | 594,588 | 181,348 | 39,442 | 109,976 | 59,433 | 23,199 | 362,099 | 127.8 | F |
| 2 | Riverside | CA | 2,189,641 | 620,108 | 258,586 | 41,135 | 120,166 | 66,447 | 28,441 | 354,768 | 111.3 | F |
| 3 | Tulare | CA | 442,179 | 144,124 | 41,779 | 9,561 | 22,675 | 12,297 | 4,931 | 108,143 | 95.7 | F |
| 4 | Kern | CA | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 172,531 | 95.0 | F |
| 5 | Los Angeles | CA | 9,818,605 | 2,402,208 | 1,065,699 | 159,352 | 566,147 | 308,756 | 125,611 | 1,699,264 | 86.2 | F |
| 6 | Fresno | CA | 930,450 | 277,507 | 93,421 | 18,409 | 49,721 | 27,034 | 10,932 | 245,330 | 61.5 | F |
| 7 | Kings | CA | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 29,606 | 42.3 | F |
| 8 | Sacramento | CA | 1,418,788 | 363,053 | 158,551 | 24,083 | 81,006 | 44,570 | 18,564 | 234,470 | 41.5 | F |
| 9 | El Dorado | CA | 181,058 | 41,175 | 26,524 | 2,731 | 11,057 | 6,392 | 3,002 | 16,825 | 27.2 | F |
| 10 | San Diego | CA | 3,095,313 | 724,168 | 351,425 | 48,038 | 181,080 | 99,026 | 40,726 | 445,556 | 25.2 | F |
| 11 | Harris | TX | 4,092,459 | 1,147,835 | 333,487 | 86,823 | 217,153 | 119,788 | 44,982 | 758,916 | 24.3 | F |
| 12 | Placer | CA | 348,432 | 85,085 | 53,562 | 5,644 | 20,512 | 11,765 | 5,556 | 31,489 | 24.2 | F |
| 13 | San Luis Obispo | CA | 269,637 | 50,841 | 41,022 | 3,373 | 16,916 | 9,556 | 4,342 | 36,179 | 23.0 | F |
| 13 | Ventura | CA | 823,318 | 211,915 | 96,309 | 14,057 | 47,178 | 26,210 | 11,194 | 89,880 | 23.0 | F |
| 15 | Merced | CA | 255,793 | 80,698 | 23,960 | 5,353 | 13,302 | 7,191 | 2,853 | 58,212 | 22.5 | F |
| 16 | Nevada | CA | 98,764 | 19,106 | 19,174 | 1,267 | 6,321 | 3,754 | 1,922 | 11,456 | 22.0 | F |
| 17 | Stanislaus | CA | 514,453 | 147,158 | 54,831 | 9,762 | 28,134 | 15,444 | 6,401 | 100,554 | 21.5 | F |
| 18 | Tarrant | TX | 1,809,034 | 507,061 | 161,385 | 38,355 | 96,149 | 53,843 | 20,989 | 258,595 | 21.2 | F |
| 19 | Mariposa | CA | 18,251 | 3,242 | 3,821 | 215 | 1,196 | 717 | 376 | 2,665 | 19.8 | F |
| 20 | Hanford | MD | 244,826 | 60,410 | 30,564 | 7,155 | 15,428 | 8,092 | 3,566 | 16,715 | 19.2 | F |
| 21 | Uintah | UT | 32,588 | 10,857 | 2,997 | 747 | 1,977 | 894 | 356 | 4,594 | 18.0 | F |
| 22 | Madera | CA | 150,865 | 42,849 | 17,262 | 2,842 | 8,270 | 4,562 | 1,933 | 30,912 | 16.7 | F |
| 23 | Imperial | CA | 174,528 | 51,098 | 18,152 | 3,390 | 9,415 | 5,139 | 2,104 | 36,666 | 15.7 | F |
| 24 | Fairfield | CT | 916,829 | 227,019 | 124,075 | 25,492 | 63,223 | 30,325 | 13,680 | 84,125 | 13.7 | F |
| 25 | Amador | CA | 38,091 | 6,393 | 7,865 | 424 | 2,512 | 1,495 | 772 | 4,286 | 12.7 | F |

Notes:
 1. Counties are ranked by weighted average. See note 13 below.
 2. Total Population represents the at-risk populations in counties with PVU monitors.
 3. Those 18 and under and 65 and over are vulnerable to PM, and are therefore included. They should not be used as population denominators for disease estimates.
 4. Pediatric asthma estimates are for those under 18 years of age and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 5. Adult asthma estimates are for those 18 years and older and represent the estimated number of people who had asthma in 2010 based on state rates (BRFSS) applied to population estimates (U.S. Census).
 6. Chronic bronchitis estimates are for adults 18 and over who have been diagnosed by their health care provider with chronic bronchitis in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
 7. Emphysema estimates are for adults 18 and over who have been diagnosed by their health care provider with emphysema in 2010, based on national rates (NHIS) applied to population estimates (U.S. Census).
 8. Poverty estimates come from the U.S. Census Bureau and are for all ages.
 9. Adding across rows does not produce valid estimates, e.g., summing red and cyan adult asthma rates or emphysema and chronic bronchitis.
 10. The Weighted Average was derived by counting the number of days in each unhealthful range (orange, red, purple) in each year (2008-2010), multiplying the total in each range by the assigned standard weights (0.1 for red, 2.0 for purple), and calculating the weighted average as follows: A=0.0, B=0.5-0.9, C=1.0-2.0, D=2.1-3.2, E=3.3-4.4.
 11. Grade is assigned by weighted average as follows: A=0.0, B=0.5-0.9, C=1.0-2.0, D=2.1-3.2, E=3.3-4.4.

6

CALIFORNIA

American Lung Association in California

424 Pendleton Way
Oakland, CA 94621
(510)638-5864
www.lung.org/california

HIGH OZONE DAYS 2008-2010

| County | Orange | Red | Purple | Wgt. Avg | Grade |
|--------------|--------|-----|--------|----------|-------|
| Alameda | 14 | 2 | 0 | 5.7 | F |
| Amador | 29 | 6 | 0 | 12.7 | F |
| Butte | 31 | 3 | 0 | 11.8 | F |
| Calaveras | 29 | 3 | 0 | 11.2 | F |
| Colusa | 2 | 0 | 0 | 0.7 | B |
| Contra Costa | 16 | 0 | 0 | 5.3 | F |
| El Dorado | 63 | 11 | 1 | 27.2 | F |
| Fresno | 134 | 31 | 2 | 61.5 | F |
| Glenn | 0 | 0 | 0 | 0.0 | A |
| Humboldt | 0 | 0 | 0 | 0.0 | A |
| Imperial | 47 | 0 | 0 | 15.7 | F |
| Inyo | 8 | 0 | 0 | 2.7 | D |
| Kern | 209 | 48 | 2 | 95.0 | F |
| Kings | 104 | 14 | 1 | 42.3 | F |
| Lake | 0 | 0 | 0 | 0.0 | A |
| Los Angeles | 185 | 41 | 6 | 86.2 | F |
| Madera | 44 | 4 | 0 | 16.7 | F |
| Marin | 0 | 0 | 0 | 0.0 | A |
| Mariposa | 50 | 5 | 1 | 19.8 | F |
| Mendocino | 0 | 0 | 0 | 0.0 | A |
| Merced | 52 | 9 | 1 | 22.5 | F |
| Monterey | 1 | 0 | 0 | 0.3 | B |
| Napa | 5 | 0 | 0 | 1.7 | C |
| Nevada | 60 | 4 | 0 | 22.0 | F |
| Orange | 29 | 2 | 0 | 10.7 | F |
| Placer | 65 | 5 | 0 | 24.2 | F |

HIGH PARTICLE POLLUTION DAYS 2008-2010

| County | 24 Hour | | | Wgt. Avg | Grade | Design Value | Pass/Fail |
|--------------|---------|-----|--------|----------|-------|--------------|-----------|
| | Orange | Red | Purple | | | | |
| Alameda | 6 | 0 | 0 | 2.0 | C | 9.0 | PASS |
| Amador | DNC | DNC | DNC | DNC | DNC | DNC | DNC |
| Butte | 4 | 3 | 0 | 2.8 | D | 11.5 | PASS |
| Calaveras | 2 | 0 | 0 | 0.7 | B | 7.1 | PASS |
| Colusa | 2 | 0 | 0 | 0.7 | B | INC | INC |
| Contra Costa | 7 | 0 | 0 | 2.3 | D | 8.3 | PASS |
| El Dorado | DNC | DNC | DNC | DNC | DNC | DNC | DNC |
| Fresno | 116 | 5 | 0 | 41.2 | F | 16.4 | FAIL |
| Glenn | DNC | DNC | DNC | DNC | DNC | DNC | DNC |
| Humboldt | 0 | 0 | 0 | 0.0 | A | 6.8 | PASS |
| Imperial | 7 | 0 | 0 | 2.3 | D | 7.5 | PASS |
| Inyo | 11 | 2 | 0 | 4.7 | F | 7.0 | PASS |
| Kern | 126 | 21 | 2 | 53.8 | F | 21.2 | FAIL |
| Kings | 85 | 3 | 0 | 29.8 | F | 17.1 | FAIL |
| Lake | 1 | 1 | 0 | 0.8 | B | 4.6 | PASS |
| Los Angeles | 55 | 4 | 0 | 20.3 | F | 14.4 | PASS |
| Madera | INC | INC | INC | INC | INC | INC | INC |
| Marin | INC | INC | INC | INC | INC | INC | INC |
| Mariposa | DNC | DNC | DNC | DNC | DNC | DNC | DNC |
| Mendocino | 0 | 0 | 0 | 0.0 | A | 8.7 | PASS |
| Merced | 35 | 0 | 0 | 11.7 | F | INC | INC |
| Monterey | 0 | 0 | 0 | 0.0 | A | 6.4 | PASS |
| Napa | DNC | DNC | DNC | DNC | DNC | DNC | DNC |
| Nevada | 5 | 2 | 0 | 2.7 | D | 7.0 | PASS |
| Orange | 17 | 1 | 0 | 6.2 | F | 11.9 | PASS |
| Placer | 1 | 0 | 0 | 0.3 | B | 8.4 | PASS |

7

CALIFORNIA

American Lung Association in California

424 Pendleton Way
Oakland, CA 94621
(510)638-5864
www.lung.org/california

AT-RISK GROUPS

| County | Total Population | | | Lung Diseases | | | | | Cardio-vascular Disease | | |
|--------------|------------------|-----------|-----------|------------------|--------------|--------------------|-----------|-----------|-------------------------|-----------|--|
| | Under 18 | 65 & Over | | Pediatric Asthma | Adult Asthma | Chronic Bronchitis | Emphysema | Diabetes | Poverty | | |
| Alameda | 1,510,271 | 340,621 | 167,746 | 22,595 | 89,705 | 49,163 | 20,160 | 363,118 | 99,717 | 200,273 | |
| Amador | 38,091 | 6,393 | 7,865 | 424 | 2,512 | 1,495 | 772 | 12,337 | 3,549 | 4,286 | |
| Butte | 220,000 | 46,168 | 33,817 | 3,063 | 13,391 | 7,563 | 3,464 | 58,474 | 16,306 | 43,392 | |
| Calaveras | 45,578 | 8,943 | 9,565 | 593 | 2,924 | 1,762 | 933 | 14,747 | 4,270 | 4,996 | |
| Colusa | 21,419 | 6,410 | 2,495 | 425 | 1,155 | 643 | 279 | 4,862 | 1,347 | 5,161 | |
| Contra Costa | 1,049,025 | 260,505 | 130,438 | 17,281 | 61,165 | 34,299 | 15,008 | 261,582 | 72,993 | 97,544 | |
| El Dorado | 181,058 | 41,175 | 26,524 | 2,731 | 11,057 | 6,392 | 3,002 | 50,672 | 14,431 | 16,825 | |
| Fresno | 930,450 | 277,507 | 93,421 | 18,409 | 49,721 | 27,034 | 10,932 | 197,670 | 53,861 | 245,330 | |
| Glenn | 28,122 | 7,865 | 3,737 | 522 | 1,566 | 883 | 399 | 6,805 | 1,900 | 4,890 | |
| Humboldt | 134,623 | 27,061 | 17,725 | 1,795 | 8,305 | 4,634 | 2,011 | 35,125 | 9,758 | 23,752 | |
| Imperial | 174,528 | 51,098 | 18,152 | 3,390 | 9,415 | 5,139 | 2,104 | 37,792 | 10,327 | 36,666 | |
| Inyo | 18,546 | 3,900 | 3,535 | 259 | 1,155 | 683 | 348 | 5,589 | 1,601 | 2,535 | |
| Kern | 839,631 | 254,081 | 75,437 | 16,855 | 44,572 | 24,047 | 9,398 | 173,566 | 47,097 | 172,531 | |
| Kings | 152,982 | 42,548 | 12,030 | 2,822 | 8,348 | 4,423 | 1,619 | 31,019 | 8,299 | 29,606 | |
| Lake | 64,665 | 13,672 | 11,440 | 907 | 4,023 | 2,359 | 1,171 | 19,103 | 5,461 | 13,438 | |
| Los Angeles | 9,818,605 | 2,402,208 | 1,065,699 | 159,352 | 566,147 | 308,756 | 125,611 | 2,266,565 | 619,371 | 1,699,264 | |
| Madera | 150,865 | 42,849 | 17,262 | 2,842 | 8,270 | 4,562 | 1,933 | 34,079 | 9,378 | 30,912 | |
| Marin | 252,409 | 52,214 | 42,192 | 3,464 | 15,773 | 9,179 | 4,449 | 73,566 | 20,965 | 22,456 | |
| Mariposa | 18,251 | 3,242 | 3,821 | 215 | 1,196 | 717 | 376 | 5,974 | 1,727 | 2,665 | |
| Mendocino | 87,841 | 19,461 | 13,493 | 1,291 | 5,355 | 3,079 | 1,448 | 24,297 | 6,876 | 16,976 | |
| Merced | 255,793 | 80,698 | 23,960 | 5,353 | 13,302 | 7,191 | 2,853 | 52,121 | 14,142 | 58,212 | |
| Monterey | 415,057 | 111,013 | 44,422 | 7,364 | 23,192 | 12,653 | 5,168 | 92,980 | 25,402 | 68,031 | |
| Napa | 136,484 | 31,486 | 20,594 | 2,089 | 8,149 | 4,641 | 2,154 | 36,235 | 10,175 | 14,189 | |
| Nevada | 98,764 | 19,106 | 19,174 | 1,267 | 6,321 | 3,754 | 1,922 | 30,888 | 8,887 | 11,456 | |
| Orange | 3,010,232 | 736,659 | 349,677 | 48,867 | 174,505 | 96,221 | 40,413 | 717,529 | 197,679 | 363,924 | |

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People At Risk

Looking at the nation as a whole, the American Lung Association *State of the Air 2012* finds—

- **More than 4 in 10 people (41%) in the United States live in counties that have unhealthy levels of either ozone or particle pollution.**

Over 127.2 million Americans live in the 235 counties where they are exposed to unhealthy levels of air pollution in the form of either ozone or short-term or year-round levels of particles.

- **Nearly 4 in 10 people in the United States (38.5%) live in areas with unhealthy levels of ozone.**

Counties that were graded F for ozone levels have a combined population of almost 116.7 million. These people live in the 195 counties where the monitored air quality places them at risk for decreased lung function, respiratory infection, lung inflammation and aggravation of respiratory illness. The actual number who breathe unhealthy levels of ozone is likely much larger, since this number does not include people who live in adjacent counties in metropolitan areas where no monitors exist.

- **Nearly one in six (16.1%) of people in the United States live in an area with unhealthy short-term levels of particle pollution.**

Nearly 50 million Americans live in 66 counties that experienced too many days with unhealthy spikes in particle pollution, a decrease from the last report. Short-term spikes in particle pollution can last from hours to several days and can increase the risk of heart attacks, strokes and emergency-room visits for asthma and cardiovascular disease, and most importantly, can increase the risk of early death.

- **Nearly 6.4 million people (2.1%) in the United States live in an area with unhealthy year-round levels of particle pollution.**

These people live in areas where chronic levels are regularly a threat to their health. Even when levels are fairly low,

exposure to particles over time can increase risk of hospitalization for asthma, damage to the lungs and, significantly, increase the risk of premature death.

- **Over 5.7 million people (1.9%) in the United States live in six counties with unhealthy levels of all three: ozone and short-term and year-round particle pollution.**

With the risks from airborne pollution so great, the American Lung Association seeks to inform people who may be in danger. Many people are at greater risk because of their age or because they have asthma or other chronic lung disease, cardiovascular disease or diabetes. The following list identifies the numbers of people in each at-risk group.

- **People with Asthma**—Nearly 2.5 million children and over 7.4 million adults with asthma live in parts of the United States with very high levels of ozone. Over 3.1 million adults and over 940,000 children with asthma live in areas with high levels of short-term particle pollution. Over 382,000 adults and over 125,000 children with asthma live in counties with unhealthy levels of year-round particle pollution.

- **Older and Younger**—Over 13.7 million adults age 65 and over and nearly 29 million children age 18 and under live in counties with unhealthy ozone levels. Over 5.6 million seniors and over 12.5 million children live in counties with unhealthy short-term levels of particle pollution. Over 765,000 seniors and over 1.7 million children live in counties with unhealthy levels of year-round particle pollution.

- **Chronic Bronchitis and Emphysema**—Over 3.7 million people with chronic bronchitis and nearly 1.6 million with emphysema live in counties with unhealthy ozone levels. Over 1.5 million people with chronic bronchitis and over 652,000 with emphysema live in counties with unhealthy levels of short-term particle pollution. Over 196,000 people with chronic bronchitis and more than 84,000 with emphysema live in counties with unhealthy year-round levels of particle pollution.

Over **5.7 million** people in the US live in counties where the outdoor air failed all three tests.

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The nation must

Keep the Clean Air Act strong

to protect public health.

- **Cardiovascular Disease**—Over 11.6 million people with cardiovascular diseases live in counties with unhealthy levels of short-term particle pollution; nearly 1.5 million live in counties with unhealthy levels of year-round particle pollution. Cardiovascular diseases include coronary heart disease, heart attacks, strokes, hypertension and angina pectoris.
- **Diabetes**—Over 3.1 million people with diabetes live in counties with unhealthy levels of short-term particle pollution; over 409,000 live in counties with unhealthy levels of year-round particle pollution. Research indicates that because diabetics are already at higher risk of cardiovascular disease, they may face increased risk due to the impact of particle pollution on their cardiovascular systems.

- **Poverty**—Over 16.9 million people with incomes meeting the federal poverty definition live in counties with unhealthy levels of ozone. Over 7.9 million people in poverty live in counties with unhealthy levels of short-term particle pollution, and over 1.1 million live in counties with unhealthy year-round levels of particle pollution. Evidence shows that people who have low incomes may face higher risk from air pollution.

What Needs To Be Done

Many major challenges require the Administration and Congress to take steps to protect the health of the public. Here are a few that the American Lung Association calls for to improve the air we all breathe.

- **Protect the Clean Air Act.** The continued improvement shown in the State of the Air report is possible because of the Clean Air Act, the nation's strong public health law that the U.S. Congress passed 40 years ago. The Act requires that the EPA and each state take steps to clean up the air. Some members of Congress are proposing changes to the Clean Air Act that could dismantle progress made in the last 40 years. The nation must keep that law strong to continue to protect public health.

- **Clean up dirty power plants.** Over 400 coal-fired power plants in over 40 states are among the largest contributors to particulate pollution, ozone, mercury, and global warming. Their pollution blows across state lines into states hundreds of miles away. They produce 84 known hazardous air pollutants, including arsenic, mercury, dioxins, formaldehyde and hydrogen chloride, as shown in the Lung Association report Toxic Air: The Case for Cleaning Up Coal-fired Power Plants. In 2011, EPA issued the final rules that will cut the emissions that create ozone and particle pollution and, for the first time, set national limits on the toxic pollutants they can emit. However, some have challenged these standards in the courts. The Lung Association has taken legal steps to defend EPA's efforts. Congress needs to support EPA's actions to clean these plants up.

- **Clean up industrial, commercial and institutional boilers and incinerators.** Boilers provide power and fuel processes for industry, commercial facilities and institutions. Similar to power plants, but smaller, boilers are also more numerous: there are 1.5 million of them. Many produce toxic air emissions, including the same toxic emissions that power plants produce. EPA needs to adopt strong final standards to limit emissions from these boilers.

- **Clean up the existing fleet of dirty diesel vehicles and heavy equipment.** Rules EPA put in effect over the past several years mean that new diesel vehicles and equipment must be much cleaner. Still, the vast majority of diesel trucks, buses, and heavy equipment (such as bulldozers) will likely be in use for thousands more miles, spewing dangerous diesel exhaust into communities and neighborhoods. The good news is that affordable technology exists to cut emissions by 90 percent. Congress needs to fund EPA's diesel cleanup ("retrofit") program. Congress should also require that clean diesel equipment be used in federally-funded construction programs.

- **Strengthen the particle pollution standards.** In 2006, EPA failed to strengthen the annual standard for fine particles,

Health Effects of Ozone and Particle Pollution

Ozone and particle pollution are the most widespread air pollutants—and among the most dangerous. Recent research has revealed new insights into how they can harm the body—including taking the lives of infants and altering the lungs of children. All in all, the evidence shows that the risks are greater than we once thought.

Recent findings provide more evidence about the health impacts of these pollutants:

- A major review of particle pollution and other air pollutants concluded that many cause heart attacks, even when people inhale elevated levels for as little as one week.¹ This review looked at evidence from 177 studies and found that particle pollution (both fine and coarse), carbon monoxide, nitrogen oxides, and sulfur dioxide all increased the risk of heart attack.
- Particle pollution that lasts for just a short while may be causing strokes, even at levels considered safe, according to a study of Boston area patients.² In particular, researchers found that breathing levels of traffic-related particles were linked to increased risk of stroke within 12 to 14 hours of breathing them.
- Up to 35,700 premature deaths can be prevented in the United States every year if the Environmental Protection Agency (EPA) strengthens the health standards for particle pollution—also known as soot—according to a report, *Sick of Soot: How the EPA Can Save Lives by Cleaning Up Fine Particle Pollution*, released in November by the American Lung Association, Clean Air Task Force and Earthjustice. That report summarized the findings of an in-depth look at how cleaning up the particles could have powerful, life-saving benefits.³
- Good news: Reducing air pollution has extended life expectancy. Thanks to a drop in particle pollution between 1980 and 2000, life expectancy in 51 U.S. cities increased by five months on average, according to a 2009 analysis.⁴
- Growing evidence shows that diabetics face a greater risk from air pollution than once believed. Several studies found increased risk of several factors associated with cardiovascular risks in people with diabetes.⁵ Some new research with animals indicates that fine particle pollution may impact insulin resistance and other factors.⁶
- More people may be vulnerable to air pollution than previously understood. Researchers studying people who had received kidney transplants found that long-term exposure to ozone pollution increased their risk of fatal coronary heart disease.⁷
- Lower levels of ozone and particle pollution pose bigger threats. A Canadian study showed that particle pollution levels well below those considered safe in the U.S. for these pollutants caused premature death.⁸ An earlier study had found higher risk of asthma attacks and emergency room visits and hospital admissions for children with asthma.⁹ Another study found that low levels of these pollutants increased the risk of hospital treatment for pneumonia and chronic obstructive pulmonary disease (COPD).¹⁰
- Ozone pollution can shorten life, a conclusion confirmed by a 2008 scientific review by the National Research Council.¹¹ Evidence warns that some segments of the population may face higher risks from dying prematurely because of ozone pollution, including communities with high unemployment or high public transit use and large African-American populations.¹²
- Could particulate matter cause lung cancer in never-smokers? That question is getting closer to being answered with a strong “yes” after researchers looked at the records of 1.2 million volunteers which found that levels of fine particles

measured across the nation in the past few decades are linked to small, but measurable increases in lung cancer in people who never smoked.¹³

- Research is warning that obesity may place people at higher risk from particle pollution. Some studies link particle pollution to increases in measurable reactions in the body that signal harm to health.¹⁴ The increase in the prevalence of obesity in the nation may mean that more people are at risk.

- Busy highways are high risk zones. Not only may they worsen diseases, but some evidence warns that years of breathing the pollution near busy roads may increase the risk of developing chronic diseases.

- ❖ A growing body of evidence suggests breathing pollution from heavy traffic may cause new cases of asthma in children.¹⁵

- ❖ Emerging research has found particle pollution associated with increasing the risk of new cases of three chronic diseases in adults: adult-onset asthma,¹⁶ diabetes,¹⁷ and COPD, especially in people who already have asthma or diabetes.¹⁸

- ❖ Research had already connected pollution from heavy highway traffic to higher risks for heart attack, allergies, premature births and the death of infants around the time they are born.¹⁹ Evidence of the impact of traffic pollution, even in a city with generally “cleaner” air, expanded the concern over the health effects of chronic exposure to exhaust from heavy traffic.²⁰

Two types of air pollution dominate the problem in the U.S.: ozone and particle pollution. They aren't the only serious air pollutants: others include carbon monoxide, lead, nitrogen dioxide, and sulfur dioxide, as well as scores of toxins such as mercury, arsenic, benzene, formaldehyde, and acid gases. However, ozone and particle pollution are the most widespread pollutants.

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Ozone Pollution

It may be hard to imagine that pollution could be invisible, but ozone is. The most widespread pollutant in the U.S. is also one of the most dangerous.

Scientists have studied the effects of ozone on health for decades. Hundreds of research studies have confirmed that ozone harms people at levels currently found in the United States. In the last few years, we've learned that it can also be deadly.

What Is Ozone?

Ozone (O₃) is an extremely reactive gas molecule composed of three oxygen atoms. It is the primary ingredient of smog air pollution and is very harmful to breathe. Ozone attacks lung tissue by reacting chemically with it.

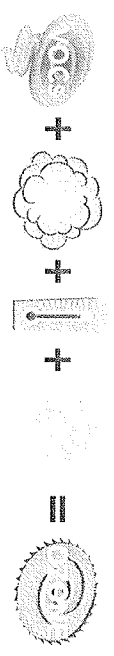
The ozone layer found high in the upper atmosphere (the stratosphere) shields us from much of the sun's ultraviolet radiation. However, ozone air pollution at ground level where we can breathe it (in the troposphere) is harmful. It causes serious health problems.

Where Does Ozone Come From?

What you see coming out of the tailpipe on a car or a truck isn't ozone, but the raw ingredients for making ozone. Ozone is formed by chemical reactions in the atmosphere from two raw gases that do come out of tailpipes, smokestacks and many other sources. These essential raw ingredients for ozone are nitrogen oxides (NO_x) and hydrocarbons, also called volatile organic compounds (VOCs). They are produced primarily when fossil fuels like gasoline, oil or coal are burned or when some chemicals, like solvents, evaporate.

When NO_x and VOCs come in contact with both heat and sunlight, they combine and form ozone smog. NO_x is emitted from power plants, motor vehicles and other sources of high-heat combustion. VOCs are emitted from motor vehicles, chemical plants, refineries, factories, gas stations, paint and other sources. The formula for ozone is simple, and like any

formula, the ingredients must all be present and in the right proportions to make the final product.



You may have wondered why “ozone action day” warnings are sometimes followed by recommendations to avoid activities such as mowing your lawn or refilling your gas tank during daylight hours. Lawn mower exhaust and gasoline vapors are VOCs that could turn into ozone in the heat and sun. Take away the sunlight and ozone doesn’t form, so refilling your gas tank after dark is better on high ozone days. Since we can’t control sunlight and heat, we must reduce the chemical raw ingredients if we want to reduce ozone.

Who is at risk from breathing ozone?

Five groups of people are especially vulnerable to the effects of breathing ozone:

- children and teens;
- anyone 65 and older;
- people who work or exercise outdoors;
- people with existing lung diseases, such as asthma and chronic obstructive pulmonary disease (also known as COPD, which includes emphysema and chronic bronchitis); and
- “responders” who are otherwise healthy but for some reason react more strongly to ozone.²¹

The impact on your health can depend on many factors, however. For example, the risks would be greater if ozone levels are higher, if you are breathing faster because you’re working outdoors or if you spend more time outdoors.

Lifeguards in Galveston, Texas, provided evidence of the impact of even short-term exposure to ozone on healthy, active

adults in a study published in 2008. Testing the breathing capacity of these outdoor workers several times a day, researchers found that many lifeguards had greater obstruction in their airways when ozone levels were high. Because of this research, Galveston became the first city in the nation to install an air quality warning flag system on the beach.²²

How Ozone Pollution Harms Your Health

Breathing ozone can shorten your life. Two early studies published in 2004 found strong evidence of the deadly impact of ozone in cities across the U.S. and in Europe. Even on days when ozone levels were low, the researchers found that the risk of premature death increased with higher levels of ozone. They estimated that over 3,700 deaths annually in the U.S. could be attributed to a 10-parts-per-billion increase in ozone levels.²³ Another study, published the same week, looked at 23 European cities and found similar effects on mortality from short-term exposure to ozone.²⁴

Confirmation came in the summer of 2005. Three groups of researchers working independently reviewed and analyzed the research around deaths associated with short-term exposures to ozone. The three teams—at Harvard, Johns Hopkins and New York University—used different approaches but all came to similar conclusions. All three studies reported a small but robust association between daily ozone levels and increased deaths.²⁵ Writing a commentary on these reviews, David Bates, MD, explained how these premature deaths could occur:

“Ozone is capable of causing inflammation in the lung at lower concentrations than any other gas. Such an effect would be a hazard to anyone with heart failure and pulmonary congestion, and would worsen the function of anyone with advanced lung disease.”²⁶

In 2008 a committee of the National Research Council, a division of the National Academy of Sciences, reviewed the evidence again and concluded that “short-term exposure to

ambient ozone is likely to contribute to premature deaths.”²⁷ They recommended that preventing early death be included in any future estimates of the benefits of reducing ozone.²⁷

New research has begun to identify which groups face higher risk of death from ozone. A study published in 2010 examined records from ten cities in Italy and found women, diabetics and older adults to have a higher risk of premature death from high ozone.²⁸

Ozone at levels currently in the U.S. causes immediate health problems. Many areas in the United States produce enough ground-level ozone during the summer months to cause health problems that can be felt right away. Immediate problems—in addition to increased risk of premature death—include:

- shortness of breath;
- chest pain when inhaling;
- wheezing and coughing;
- asthma attacks;
- increased susceptibility to respiratory infections;
- increased susceptibility to pulmonary inflammation; and
- increased need for people with lung diseases, like asthma or chronic obstructive pulmonary disease (COPD), to receive medical treatment and to go to the hospital.²⁹

Breathing ozone for longer periods can alter the lungs’ ability to function. Two studies published in 2005 explored ozone’s ability to reduce the lung’s ability to work efficiently, a term called “lung function.” Each study looked at otherwise healthy groups who were exposed to ozone for long periods: outdoor postal workers in Taiwan and college freshmen who were lifelong residents of Los Angeles or the San Francisco Bay area. Both studies found that the long exposure to elevated ozone levels had decreased their lung function.³⁰

Inhaling ozone may affect the heart as well as the lungs. A 2006 study linked exposures to high ozone levels for as little as

one hour to a particular type of cardiac arrhythmia that itself increases the risk of premature death and stroke.³¹ A French study found that exposure to elevated ozone levels for one to two days increased the risk of heart attacks for middle-aged adults without heart disease.³²

New studies warn of serious effects from breathing ozone over longer periods. With more long-term data, scientists are finding that long-term exposure—that is, for periods longer than eight hours, including days, months or years—may increase the risk of early death. Examining the records from a long-term national database, researchers found a higher risk of death from respiratory diseases associated with increases in ozone.³³ New York researchers looking at hospital records for children’s asthma found that the risk of admission to hospitals for asthma increased with chronic exposure to ozone. Younger children and children from low income families were more likely to need hospital admissions even during the same time periods than other children.³⁴ California researchers digging into data from their long-term Southern California Children’s Health Study found that some children with certain genes were more likely to develop asthma as adolescents in response to the variations in ozone levels in their communities.³⁵

Breathing other pollutants in the air may make your lungs more responsive to ozone—and breathing ozone may increase your body’s response to other pollutants. For example, research warns that breathing sulfur dioxide and nitrogen oxide—two pollutants common in the eastern U.S.—can make the lungs react more strongly than to just breathing ozone alone. Breathing ozone may also increase the response to allergens in people with allergies. A large study published in 2009 found that children were more likely to suffer from hay fever and respiratory allergies when ozone and PM_{2.5} levels were high.³⁶

Even low levels of ozone may be deadly. A large study of 48 U.S. cities looked at the association between ozone and all-cause mortality during the summer months. Ozone concentrations by city in the summer months ranged from 16 percent to

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80 percent lower than EPA currently considers safe. Researchers found that ozone at those lower levels was associated with deaths from cardiovascular disease, strokes, and respiratory causes.³⁷

Particle Pollution

Ever look at dirty truck exhaust? The dirty, smoky part of that stream of exhaust is made of particle pollution. Overwhelming evidence shows that particle pollution—like that coming from that exhaust smoke—can kill. Particle pollution can increase the risk of heart disease, lung cancer and asthma attacks and can interfere with the growth and work of the lungs.

What Is Particle Pollution?

Particle pollution refers to a mix of very tiny solid and liquid particles that are in the air we breathe. But nothing about particle pollution is simple. First of all, the particles themselves are different sizes. Some are one-tenth the diameter of a strand of hair. Many are even tinier; some are so small they can only be seen with an electron microscope. Because of their size, you can't see the individual particles. You can only see the haze that forms when millions of particles blur the spread of sunlight. You may not be able to tell when you're breathing particle pollution. Yet it is so dangerous it can shorten your life.

The differences in size make a big difference in how they affect us. Our natural defenses help us to cough or sneeze larger particles out of our bodies. But those defenses don't keep out smaller particles, those that are smaller than 10 microns (or micrometers) in diameter, or about one-seventh the diameter of a single human hair. These particles get trapped in the lungs, while the smallest are so minute that they can pass through the lungs into the blood stream, just like the essential oxygen molecules we need to survive.

Researchers categorize particles according to size, grouping them as coarse, fine and ultrafine. Coarse particles fall be-

tween 2.5 microns and 10 microns in diameter and are called PM_{10-2.5}.³⁸ Fine particles are 2.5 microns in diameter or smaller and are called PM_{2.5}.³⁹ Ultrafine particles are smaller than 0.1 micron in diameter³⁸ and are small enough to pass through the lung tissue into the blood stream, circulating like the oxygen molecules themselves. No matter what the size, particles can be harmful to your health.

Because particles are formed in so many different ways, they can be composed of many different compounds. Although we often think of particles as solids, not all are. Some are completely liquid; some are solids suspended in liquids. As the U.S. Environmental Protection Agency puts it, particles are really "a mixture of mixtures."³⁹ The mixtures differ between the eastern and western United States and in different times of the year. For example, the Midwest, Southeast and Northeast states have more sulfate particles than the West on average, largely due to the high levels of sulfur dioxide emitted by large, coal-fired power plants. By contrast, nitrate particles from motor vehicle exhaust form a larger proportion of the unhealthy mix in the winter in the Northeast, Southern California, the Northwest, and North Central U.S.⁴⁰

Who Is at Risk?

Anyone who lives where particle pollution levels are high is at risk (you can take a look at levels in your state in this report). Some people face higher risk, however. People at the greatest risk from particle pollution exposure include:

- Anyone with lung disease such as asthma and chronic obstructive pulmonary disease (COPD), which includes chronic bronchitis and emphysema;
- Anyone with heart disease or diabetes⁴¹;
- Anyone over 65;
- Infants, children and teens;
- People with low incomes; and
- People who work or are active outdoors.⁴²

Diabetics face increased risk at least in part because of their higher risk for cardiovascular disease. A 2010 study examined prevalence of diagnosed diabetes in relation to fine particle pollution in 2004-2005. The evidence suggested that air pollution is a risk factor for diabetes.⁴³ Traffic-related air pollution was implicated in two studies. A German study of nondiabetic women found that new cases of diabetes were more likely as levels of traffic-related pollution and particle pollution increased.⁴⁴ A similar finding of an increased risk for diabetes in women who lived near roadways came in a large study of nurses and health professionals, although that study did not find a strong association with levels of particle pollution.⁴⁵

What Can Particles Do to Your Health?

Particle pollution can be very dangerous to breathe. Breathing particle pollution may trigger illness, hospitalization and premature death, risks showing up in new studies that validate earlier research.⁴⁶

Good news came in 2009 from researchers who looked at the impact of the drop in year-round levels of particle pollution between 1980 and 2000 in 51 U.S. cities. Thanks to reductions in particle pollution people living in these cities had five months added to their life expectancy on average.⁴⁷ This study adds to the growing research that cleaning up air pollution improves life and health. Other researchers estimated that reductions in air pollution can be expected to produce rapid improvements in public health, with fewer deaths occurring within the first two years after reductions.⁴⁸

Researchers are exploring possible differences in health effects of the three sizes of particles and particles from different sources, such as diesel particles from trucks and buses or sulfates from coal-fired power plants. So far, the evidence remains clear that all particles from all sources are dangerous.⁴⁹

Short-Term Exposure Can Be Deadly

First and foremost, short-term exposure to particle pollution can kill. Peaks or spikes in particle pollution can last for hours to days. Deaths can occur on the very day that particle levels are high, or within one to two months afterward. Particle pollution does not just make people die a few days earlier than they might otherwise—these are deaths that would not have occurred if the air were cleaner.⁵⁰

Researchers from Harvard University recently tripled the estimated risk of premature death following a review of the newer evidence from fine particle monitors (PM_{2.5}) in 27 U.S. cities.⁵¹

Particle pollution also diminishes lung function, causes greater use of asthma medications and increased rates of school absenteeism, emergency room visits and hospital admissions. Other adverse effects can be coughing, wheezing, cardiac arrhythmias and heart attacks. According to the findings from some of the latest studies, short-term increases in particle pollution have been linked to:

- death from respiratory and cardiovascular causes, including strokes;^{52, 53, 54, 55}
- increased mortality in infants and young children;⁵⁶
- increased numbers of heart attacks, especially among the elderly and in people with heart conditions;⁵⁷
- inflammation of lung tissue in young, healthy adults;⁵⁸
- increased hospitalization for cardiovascular disease, including strokes and congestive heart failure;^{59, 60, 61}
- increased emergency room visits for patients suffering from acute respiratory ailments;⁶²
- increased hospitalization for asthma among children;^{63, 64, 65} and
- increased severity of asthma attacks in children.⁶⁶

Again, the impact of even short-term exposure to particle pollution on healthy adults showed up in the Galveston lifeguard

study; in addition to the harmful effects of ozone pollution. Lifeguards had reduced lung volume at the end of the day when fine particle levels were high.⁶⁷

Year-Round Exposure

Breathing high levels of particle pollution day in and day out also can be deadly, as landmark studies in the 1990s conclusively showed.⁶⁸ Chronic exposure to particle pollution can shorten life by one to three years.⁶⁹ Other impacts range from premature births to serious respiratory disorders, even when the particle levels are very low.

Year-round exposure to particle pollution has also been linked to:

- increased hospitalization for asthma attacks for children living near roads with heavy truck or trailer traffic;^{70,71}
- slowed lung function growth in children and teenagers;^{72,73}
- significant damage to the small airways of the lungs;⁷⁴
- increased risk of dying from lung cancer;⁷⁵ and
- increased risk of death from cardiovascular disease.⁷⁶

Research into the health risks of 65,000 women over age 50 found that those who lived in areas with higher levels of particle pollution faced a much greater risk of dying from heart disease than had been previously estimated. Even women who lived within the same city faced differing risks depending on the annual levels of pollution in their neighborhood.⁷⁷

The Environmental Protection Agency released the most thorough review of the current research on particle pollution in December 2009.⁷⁸ The Agency had engaged a panel of expert scientists, the Clean Air Scientific Advisory Committee, to help them assess the evidence, in particular research published between 2002 and May 2009. EPA concluded that particle pollution caused multiple, serious threats to health. Their findings are highlighted in the box below.

EPA Concludes Fine Particle Pollution Poses Serious Health Threats

- Causes early death (both short-term and long-term exposure)
 - Causes cardiovascular harm (e.g. heart attacks, strokes, heart disease, congestive heart failure)
 - Likely to cause respiratory harm (e.g. worsened asthma, worsened COPD, inflammation)
 - May cause cancer
 - May cause reproductive and developmental harm
- U.S. Environmental Protection Agency, *Integrated Science Assessment for Particulate Matter*, December 2009, EPA 600/R-09/139F.

Where Does Particle Pollution Come From?

Particle pollution is produced through two separate processes—mechanical and chemical.

Mechanical processes break down bigger bits into smaller bits with the material remaining essentially the same, only becoming smaller. Mechanical processes primarily create coarse particles.⁷⁹ Dust storms, construction and demolition, mining operations, and agriculture are among the activities that produce coarse particles. Tire, brake pad and road wear can also create coarse particles. Bacteria, pollen, mold, and plant and animal debris are also included as coarse particles.⁸⁰

By contrast, chemical processes in the atmosphere create most of the tiniest fine and ultrafine particles. Combustion sources burn fuels and emit gases. These gases can vaporize and then condense to become a particle of the same chemical compound. Or, they can react with other gases or particles in the atmosphere to form a particle of a different chemical compound. Particles formed by this latter process come from the reaction of elemental carbon (soot), heavy metals, sulfur dioxide (SO₂), nitrogen oxides (NO_x) and volatile organic compounds with water and other compounds in the atmosphere.⁸¹ Burning fossil fuels in factories, power plants, steel mills, smelters, diesel- and gasoline-powered motor vehicles (cars and trucks) and equipment generate a large part of the raw

materials for fine particles. So does burning wood in residential fireplaces and wood stoves or burning agricultural fields or forests.

Focusing on Children's Health

Children face special risks from air pollution because their lungs are growing and because they are so active.

Just like the arms and legs, the largest portion of a child's lungs will grow long after he or she is born. Eighty percent of their tiny air sacs develop after birth. Those sacs, called the alveoli, are where the life-sustaining transfer of oxygen to the blood takes place. The lungs and their alveoli aren't fully grown until children become adults.⁸² In addition, the body's defenses that help adults fight off infections are still developing in young bodies.⁸³ Children have more respiratory infections than adults, which also seems to increase their susceptibility to air pollution.⁸⁴

Furthermore, children don't behave like adults, and their behavior also affects their vulnerability. They are outside for longer periods and are usually more active when outdoors. Consequently, they inhale more polluted outdoor air than adults typically do.⁸⁵

In 2004, the American Academy of Pediatrics issued a special statement on the dangers of outdoor air pollution on children's health, pointing out the special differences for children.⁸⁶

Air Pollution Increases Risk of Underdeveloped Lungs

Another finding from the Southern California Children's Health study looked at the long-term effects of particle pollution on teenagers. Tracking 1,759 children between ages 10 and 18, researchers found that those who grew up in more polluted areas face the increased risk of having underdeveloped lungs, which may never recover to their full capacity. The average drop in lung function was 20 percent below what was expected

for the child's age, similar to the impact of growing up in a home with parents who smoked.⁸⁷

Community health studies are pointing to less obvious, but serious effects from year-round exposure to ozone, especially for children. Scientists followed 500 Yale University students and determined that living just four years in a region with high levels of ozone and related co-pollutants was associated with diminished lung function and frequent reports of respiratory symptoms.⁸⁸ A much larger study of 3,300 school children in Southern California found reduced lung function in girls with asthma and boys who spent more time outdoors in areas with high levels of ozone.⁸⁹

Cleaning Up Pollution Can Reduce Risk to Children

There is also real-world evidence that reducing air pollution can help protect children. Two studies published in 2005 added more weight to the argument.

Changes in air pollution from the reunification of Germany proved a real-life laboratory. Both East and West Germany had different levels and sources of particles. Outdoor particle levels were much higher in East Germany, where they came from factories and homes. West Germany had higher concentrations of traffic-generated particles. After reunification, emissions from the factories and homes dropped, but traffic increased. A German study explored the impact on the lungs of six-year olds from both East and West Germany. Total lung capacity improved with the lower particle levels. However, for those children living near busy roads, the increased pollution from the increased traffic kept them from benefiting from the overall cleaner air.⁹⁰

In Switzerland, particle pollution dropped during a period in the 1990s. Researchers there tracked 9,000 children over a nine-year period, following their respiratory symptoms. After taking other factors such as family characteristics and indoor air pollution into account, the researchers noted that during

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the years with less pollution, the children had fewer episodes of chronic cough, bronchitis, common cold, and conjunctivitis symptoms.⁹¹

Disparities in the Impact of Air Pollution

The burden of air pollution is not evenly shared. Poorer people and some racial and ethnic groups are among those who often face higher exposure to pollutants and who may experience greater

responses to such pollution. Many studies have explored the differences in harm from air pollution to racial or ethnic groups and people who are in a low socioeconomic position, have less education, or live nearer to major sources,⁹² including a workshop the American Lung Association held in 2001 that focused on urban air pollution and health inequities.⁹³

Many studies have looked at differences in the impact on premature death. Results have varied widely, particularly for effects between racial groups. Some studies have found no differences among races,⁹⁴ while others found greater responsiveness for Whites and Hispanics, but not African-Americans,⁹⁵ or for African-Americans but not other races or ethnic groups.⁹⁶ Other researchers have found greater risk for African-Americans from air toxics, including those pollutants that also come from traffic sources.⁹⁷

Socioeconomic position has been more consistently associated with greater harm from air pollution. Recent studies show evidence of that link. Low socioeconomic status consistently increased the risk of premature death from fine particle pollution among 13.2 million Medicare recipients studied in the largest examination of particle pollution mortality nationwide.⁹⁸ In the 2008 study that found greater risk for premature death for African-Americans, researchers also found greater risk for people living in areas with higher unemployment or higher use of public transportation.⁹⁹ A 2008 study of Washington, DC found that while poor air quality and worsened asthma went hand-in-hand in areas where Medicaid enrollment was high,

the areas with the highest Medicaid enrollment did not always have the strongest association of high air pollution and asthma attacks.¹⁰⁰ However, two other recent studies in France have found no association with lower income and asthma attacks.¹⁰¹

Scientists have speculated that there are three broad reasons why disparities may exist. First, groups may face greater exposure to pollution because of factors ranging from racism to class bias to housing market dynamics and land costs. For example, pollution sources may be located near disadvantaged communities, increasing exposure to harmful pollutants. Second, low social position may make some groups more susceptible to health threats because of factors related to their disadvantage. Lack of access to health care, grocery stores and good jobs, poorer job opportunities, dirtier workplaces or higher traffic exposure are among the factors that could handicap groups and increase the risk of harm. Finally, existing health conditions, behaviors, or traits may predispose some groups to greater risk. For example, diabetics are among the groups most at risk from air pollutants, and the elderly, African-Americans, Mexican-Americans and people living near a central city have higher incidence of diabetes.¹⁰²

Highways May Be Especially Dangerous for Breathing

Being in heavy traffic, or living near a road, may be even more dangerous than being in other places in a community. Growing evidence shows that the vehicle emissions coming directly from those highways may be higher than in the community as a whole, increasing the risk of harm to people who live or work near busy roads.

The number of people living "next to a busy road" may include 30 to 45 percent of the population in North America, according to the most recent review of the evidence. In January 2010, the Health Effects Institute published a major review of the evidence by a panel of expert scientists. The panel looked at over 700 studies from around the world, examining the health